



COVID-19 SAFETY PLAN

Eastern Suburbs Hockey Club Inc. (EHC) and EHTT Facilities

Club	Eastern Suburbs Hockey Club
Ground Location	Clem Jones Center, Carina
Club Facility Location	Clem Jones Center, Carina
Club President	Peter Shaw
Contact Email	secretary@eastshockey.org.au
Contact Mobile Number	0403165411
Version	Return to Training Return to Fixtures – Stage 3
Reg Knowles is responsible for this document	

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1. Introduction

The purpose of this COVID-19 Safety Plan (**Plan**) is to provide an overarching plan for the implementation and management of procedures by Eastern Suburbs Hockey Club Inc. to support by Eastern Suburbs Hockey Club Inc and its members and participants in the staged resumption of community sport and club activities.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community. The Plan provides the framework to govern the general operation of the Eastern Suburbs Hockey Club Inc. any facilities it controls, the playing/training behaviour of all members and participants and the monitoring and reporting of the health of attendees at Eastern Suburbs Hockey Club Inc facilities.

This Plan includes, but is not limited to, the conduct of:

- a. staged training and competition activities (sport operations); and
- b. facility management and supporting operations (facility operations).

At all times the Plan is subject to all regulations, guidelines and directions of government and public health authorities.

Refer to EHC Website for documents and updates.

<https://www.eastshockey.org.au/>

2. Key Principles

This Plan is based on, and accepts, the AIS [Framework for Rebooting Sport in a COVID-19 Environment](#) (**AIS Framework**) and the [National Principles for the Resumption of Sport and Recreation Activities](#) (**National Principles**).

The Plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority;
- Members, participants, coaches, officials, administrators/volunteers, families and the broader community need to be engaged and briefed on by Eastern Suburbs Hockey Club Inc return to sport plans;
- Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19;
- Training cannot resume until the arrangements for sport operations and facility operations are finalised and approved, if necessary; and
- At every stage of the return to sport process Eastern Suburbs Hockey Club Inc must consider and apply all applicable State and Territory Government and local restrictions and regulations. Eastern Suburbs Hockey Club Inc needs to be prepared for any localised outbreak at our facilities, within our competitions or in the local community.

3. Responsibilities under this Plan

Eastern Suburbs Hockey Club Inc retains the overall responsibility for the effective management and implementation of the return to sport activities and operations outlined in this Plan.

The Committee of Eastern Suburbs Hockey Club Inc is responsible for:

- Approving the Plan and overseeing the implementation of the arrangements in the Plan; and
- Revising the Plan as required, ensuring it reflects up to date information from government and public health officials.

The Committee has appointed the following person as the by Eastern Suburbs Hockey Club Inc COVID-19 Safety Coordinator to execute the delivery of the Plan and to act as a point of contact for information relating to this Plan:

Name	Reg Knowles
Contact Email	secretary@eastshockey.org.au
Contact Number	0403165411

Eastern Suburbs Hockey Club Inc expects all members, participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time;
- Understand and act in accordance with this Plan as amended from time to time;
- Comply with any testing and precautionary measures implemented by Eastern Suburbs Hockey Club Inc;
- Act with honesty and integrity in regard to the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

4. Return to Sport Arrangements

As at the date of this Plan, participants are training at Level A of the AIS Framework. The Plan outlines specific sport requirements that Eastern Suburbs Hockey Club Inc will implement for Level B and Level C of the AIS Framework.

Eastern Suburbs Hockey Club Inc will transition to the training activity and facility use as outlined in Level B of the AIS Framework and the training/competition activities and facility use outlined in Level C of the AIS Framework when permitted under local restrictions and regulations. **Refer to Level C – Roadmap to easing Queensland's restrictions as at 3rd July 2020**

4.1 AIS Framework Arrangements

The protocols for conducting sport operations and facility operations under Level B and Level C of the AIS Framework are set out in the Appendix.

4.2 Roadmap to a COVIDSafe Australia

Eastern Suburbs Hockey Club Inc will also comply with the Australian government's [Roadmap to a COVIDSafe Australia](#), which places limits on the type of activity that can be conducted and the number of people who can gather at facilities, notwithstanding the activities permitted by the AIS Framework (see below).

Refer to Queensland Government Industry Plan for Field Team Sports which state 20 players per zone. Refer to EHC Website for Field plans.

AIS Activities	Level A: Training in no more than pairs. Physical distancing required.	Level B: Indoor/outdoor activity. Training in small groups up to 10. Physical distancing required.		Level C: Full sporting activity (training and competition) allowed. No restriction on numbers. Contact allowed.	
Roadmap Activities	N/A	Step 1: No indoor activity. Outdoor sport (up to 10 people) consistent with AIS Framework.	Step 2: Indoor/outdoor sport up to 20 people. Physical distancing (density 4m ²).	Step 3: Venues allowed to operate with up to 100 people with physical distancing. Community sport expansion to be considered consistent with AIS Framework. Adjusted to unlimited spectators as at 3 rd July 2020	Further steps As at 3 rd July 2020, contact sport is allowed at training and fixtures. Refer to Roadmap to easing Queensland's restrictions – Stage 3 Unlimited numbers in training Zones

5. Recovery

When public health officials determine that the outbreak has ended in the local community, Eastern Suburbs Hockey Club Inc. will consult with relevant authorities to identify criteria for scaling back its COVID-19 prevention actions. Eastern Suburbs Hockey Club Inc. will also consider which protocols can remain to optimise good public and participant health.

At this time the Committee of Eastern Suburbs Hockey Club Inc. will consult with key stakeholders to review the delivery of its return to sport arrangements and use feedback to improve organisational plans and systems.

Appendix: Outline of Return to Sport Arrangements

Part 1 – Sport Operations

Area	Plan Requirements (for activities under AIS Framework Level B) Refer to EHC website for Checklist and Facilities Safety Management Plans https://www.eastshockey.org.au/	Plan Requirements (for activities under AIS Framework Level C) Refer to EHC website for checklists and Facilities Safety Management Plans Return to Fixtures https://www.eastshockey.org.au/
Approvals	<p>The club must obtain the following approvals to allow a return to training at Level B:</p> <ul style="list-style-type: none"> • State/Territory Government approval of the resumption of community sport. • Relaxation of public gathering restrictions to enable training to occur. • Local government/venue owner approval to training at venue, if required. • National/state sporting body/local association approval of return to training for community sport. • Club committee has approved return to training for club. • Insurance arrangements confirmed to cover training. 	<p>The club must obtain the following approvals to allow a return to training/competition at Level C:</p> <ul style="list-style-type: none"> • Relaxation of public gathering restrictions to enable competition to occur. • Local government/venue owner approval to training/competition at venue, if required. • National/state sporting body/local association approval to return to training/competition for community sport. • Club committee has approved return to competition for club. • Insurance arrangements confirmed to cover competition.
Training Processes	<p>EHC has referred member, parent to it's website to view documents. EHC has conducted COVID induction/training for our COVID Coordinators.</p> <ul style="list-style-type: none"> • Club has emphasised AIS Framework principle of “Get in, train, get out” – arrive ready to train. • Length and scheduling of training sessions to reduce overlap. Refer to EHC website for staggered starting times per zone. • Clearly outline nature of training permitted (e.g. small groups to train and for team meetings, equipment/skill drills able to be used, certain 	<p>EHC has referred member, parent to its website to view documents. EHC has conducted COVID induction/training for our COVID Coordinators for Return to Fixtures Stage 3</p> <ul style="list-style-type: none"> • EHC has adopted the AIS Framework principles – full sporting activity that can be conducted in groups of any size (subject to COVIDSafe Roadmap) including full contact. • EHC will limit unnecessary social gatherings. • Sanitising requirements continue from Level B.

	<p>sport activities not permitted during Level B training, no contact including high fives/hand shaking, no socialising or group meals).</p> <ul style="list-style-type: none"> • Defined training areas for each training group, maintaining base density requirement of 4 square metres per person and physical distancing (>1.5 metres). Refer to the field maps on EHC Web site for detail of Entry and Exit points and flow. • Sanitising requirements, including use of sanitising stations. EHC will provide sanitising stations at the entry and exit points of the field. Extra sanitising will be provided around the EHTT facilities for players, parents and members use. • Treatment of shared equipment (e.g. sanitise equipment before, during, after sessions) and use of such equipment to be limited. • No sharing of personal equipment or coaching aids. • Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or coughing). • Guidance for travel arrangements (e.g. physical distancing on public transport, limit carpool/taxi/Uber use). • Training attendance register kept by EHTT in a secure location for 56 days 	<ul style="list-style-type: none"> • Treatment of shared equipment continues from Level B. • Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or coughing). • Fixtures and spectator's attendance register kept.
Personal health	<p>EHC has referred member, parent to its website to view document relating to:</p> <ul style="list-style-type: none"> • Graded return to sport to avoid injury. • Advice to players, coaches, volunteers to not attend if unwell (including any signs/symptoms of cold, flu, COVID-19 or other illness). • Washing of hands prior to, during and after training and use of hand sanitiser where available. • Avoid physical greetings (i.e. hand shaking, high fives etc.). • Avoid coughing, clearing nose, spitting etc. • Launder own training uniform and wash personal equipment. 	<p>EHC has referred member, parent to its website to view document relating to:</p> <ul style="list-style-type: none"> • Requirements continue from Level B • Graded return to sport to avoid injury. • Advice to players, coaches, volunteers to not attend if unwell (including any signs/symptoms of cold, flu, COVID-19 or other illness). • Washing of hands prior to, during and after training and use of hand sanitiser where available. • Avoid physical greetings (i.e. hand shaking, high fives etc.). • Avoid coughing, clearing nose, spitting etc. • Launder own training uniform and wash personal equipment.
Hygiene	<p>EHC has referred member, parent to the EHC website to view document relating to:</p>	<p>EHC has referred member, parent to the EHC website to view document relating to:</p>

	<p>Refer to EHTT signage around its facilities for guidelines for safe hygiene practises</p> <ul style="list-style-type: none"> • Safe hygiene protocols distributed by national/state sporting body or local association has been adopted by the club. • Guidelines for sanitisation and cleaning, including requirements for sanitisation stations are located at EHTT. 	<p>Refer to EHTT signage around its facilities for guidelines for safe hygiene practises</p> <ul style="list-style-type: none"> • Hygiene and cleaning measures to continue from Level B • Safe hygiene protocols distributed by national/state sporting body or local association has been adopted by the club. • Guidelines for sanitisation and cleaning, including requirements for sanitisation stations are located at EHTT.
Communications	<p>EHC has a media plan in place where the members will have communications on COVID-19 safe practices.</p> <ul style="list-style-type: none"> • EHC has advised members, parents to review our website via emails and Facebook/Instagram posts, reinforcement of hand washing and general hygiene etiquette. • The club has endorsed the government's COVIDSafe app and encouragement to players, coaches, members, volunteers, and families to download and use app. • The facilities EHTT has promoted good personal hygiene practices in and around training sessions and in Club facilities via poster in all toilets and around the fences. • EHC will work with individuals in respect to accessing mental health and wellbeing counselling services. 	<p>EHC has a media plan in place where the members will have communications on COVID-19 safe practices.</p> <ul style="list-style-type: none"> • EHC has advised members, parents to review our website via emails and Facebook/Instagram posts, reinforcement of hand washing and general hygiene etiquette. • The club has endorsed the government's COVIDSafe app and encouragement to players, coaches, members, volunteers, and families to download and use app. • The facilities EHTT has promoted good personal hygiene practices in and around training sessions and in Club facilities via poster in all toilets and around the fences. <p>EHC will work with individuals in respect to accessing mental health and wellbeing counselling services.</p>

Part 2 – Facility Operations

Area	<p>Plan Requirements (for activities under AIS Framework Level B) Refer to EHC website for Checklist and Facilities Safety Management Plans https://www.eastshockey.org.au/</p>	<p>Plan Requirements (for activities under AIS Framework Level C) Refer to EHC website for Checklist and Facilities Safety Management Plans https://www.eastshockey.org.au/</p>
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Approvals	<p>The club must obtain the following approvals to allow use of club facilities at Level B:</p> <ul style="list-style-type: none"> • State/Territory Government approval of the resumption of facility operations. • Local government/venue owner approval to use of facility, if required. • Club committee has approved plan for use of club facilities. • Insurance arrangements confirmed to cover facility usage. 	<p>The club must obtain the following approvals to allow use of club facilities at Level C:</p> <ul style="list-style-type: none"> • State/Territory Government approval of the resumption of facility operations. • Local government has given approval to use of facility, if required. • Club committee has approved plan for use of club facilities. • Insurance arrangements confirmed to cover facility usage.
Facilities	<p>Refer to EHC Website for further details on the Facilities Safety Management Plan</p> <ul style="list-style-type: none"> • Parts of facilities at EHTT have been closed as NO GO Zones. Limited toilets and medical facilities and minimise use of communal facilities. • Hygiene and cleaning Signage and documents are available. • Provision of appropriate health and safety equipment, Personal Protective Equipment (PPE) and personal hygiene cleaning solutions have been supplied and are in place at EHTT 	<p>Refer to EHC Website for further details on the Facilities Safety Management Plan</p> <ul style="list-style-type: none"> • Parts of facilities at EHTT have been closed as NO GO Zones. Limited toilets and medical facilities and minimise use of communal facilities. • Hygiene and cleaning Signage and documents are available. • Provision of appropriate health and safety equipment, Personal Protective Equipment (PPE) and personal hygiene cleaning solutions have been supplied and are in place at EHTT
Facility access	<p>Refer to EHC Website for further details on the Facilities Safety Management Plan</p> <ul style="list-style-type: none"> • Details of any health screening measures prior to entry to any facilities and any privacy measures club will take to protect sensitive health information. • Restrictions on facility access to limit anyone who has: <ul style="list-style-type: none"> – COVID-19 or has been in direct contact with a known case of COVID-19 in the previous 14 days. – Flu-like symptoms or who is a high health risk (e.g. due to age or pre-existing health conditions). – Travelled internationally in the previous 14 days. • Who may attend the club facilities: only essential participants should attend to minimise numbers; not more than one parent/carer to attend with children; gathering numbers should not exceed government 	<p>Refer to EHC Website for further details on the Facilities Safety Management Plan</p> <ul style="list-style-type: none"> • Details of any health screening measures prior to entry to any facilities and any privacy measures club will take to protect sensitive health information. • Restrictions on facility access to limit anyone who has: <ul style="list-style-type: none"> – COVID-19 or has been in direct contact with a known case of COVID-19 in the previous 14 days. – Flu-like symptoms or who is a high health risk (e.g. due to age or pre-existing health conditions). – Travelled internationally in the previous 14 days. • Who may attend the club facilities: Unlimited participants can attend: gathering numbers should not exceed government

	<p>allowances as per the approved Government Industry COVID Safe Plan (Field Team Sports)</p> <ul style="list-style-type: none"> • Any spectators should observe physical distancing requirements (>1.5 metres). • Training attendance register kept by EHTT in a secure location for 56 days 	<p>allowances as per the approved Government Industry COVID Safe Plan (Field Team Sports)</p> <ul style="list-style-type: none"> • Any spectators should observe physical distancing requirements (>1.5 metres). <p>Fixture attendance register kept by EHTT in a secure location for 56 days., (including spectators)</p> <ul style="list-style-type: none"> • Bar/canteen operations to include food and cash handling protocols, hygiene and cleaning measures and established zones. Refer to EHC Safety Management Plan for Canteen operation
Hygiene	<p>Refer to EHC Website for further details on the Facilities Safety Management Plan</p> <ul style="list-style-type: none"> • Any safe hygiene protocols distributed by national/state sporting body or local association that will be adopted by club and EHTT Facilities including: <ul style="list-style-type: none"> – Availability of hand sanitiser at entry/exit points to venue and elsewhere. – Protocols for sanitising stations, sanitising shared equipment, uniforms. – Cleaning standards – increase regular cleans and frequent wiping of high touch surfaces. – Displaying posters outlining relevant personal hygiene guidance. – Provide suitable rubbish bins with regular waste disposal. – Guidelines for sanitisation and cleaning of Club facilities. 	<p>Refer to EHC Website for further details on the Facilities Safety Management Plan</p> <ul style="list-style-type: none"> • Any safe hygiene protocols distributed by national/state sporting body or local association that will be adopted by club and EHTT Facilities including: <ul style="list-style-type: none"> – Availability of hand sanitiser at entry/exit points to venue and elsewhere. – Protocols for sanitising stations, sanitising shared equipment, uniforms. – Cleaning standards – increase regular cleans and frequent wiping of high touch surfaces. – Displaying posters outlining relevant personal hygiene guidance. – Provide suitable rubbish bins with regular waste disposal. <p>Guidelines for sanitisation and cleaning of Club facilities.</p>
Management of unwell participants	<ul style="list-style-type: none"> • All staff and members of EHC shall not attend if in the last 14 days they have been unwell or had contact with a known or suspected case of COVID-19. Players who have recovered from COVID-19 infection should consider a gradual return to training. • Training of volunteers/club management on treatment of symptomatic participants and disinfecting of facilities used by such participants. 	<ul style="list-style-type: none"> • All staff and members of EHC shall not attend if in the last 14 days they have been unwell or had contact with a known or suspected case of COVID-19. Players who have recovered from COVID-19 infection should consider a gradual return to training. • Training of volunteers/club management on treatment of symptomatic participants and disinfecting of facilities used by such participants.

	<ul style="list-style-type: none"> • Persons suspected of being unwell, having any respiratory (even mild) or having signs of a fever shall be denied entry and requested to return home, seek medical attention, and notify health authorities • Queensland Health shall be notified with 1-2 hours by the club Secretary where there are any health issues or suspected COVID-19 cases. 	<ul style="list-style-type: none"> • Persons suspected of being unwell, having any respiratory (even mild) or having signs of a fever shall be denied entry and requested to return home, seek medical attention, and notify health authorities • Queensland Health shall be notified with 1-2 hours by the club Secretary where there are any health issues or suspected COVID-19 cases.
<p>Club responsibilities</p>	<p>The EHC will oversee:</p> <ul style="list-style-type: none"> • Provision and conduct of hygiene protocols as per the Plan. • The capture of a record of attendance at all training and club activities and maintaining an up-to-date log of attendance. • Coordination of Level B field and training operations. • Operation of the club's facilities in support of all Level B training activities in accordance with this Plan. 	<p>The EHC will oversee:</p> <ul style="list-style-type: none"> • Provision and conduct of hygiene protocols as per the Plan. • The capture of a record of attendance at all Fixtures and club activities and maintaining an up-to-date log of attendance. • Coordination of Level C field and fixture operations. <p>Operation of the club's facilities in support of all Level C fixtures and training activities in accordance with this Plan.</p>